

6. Stadtparkassen City Marathon Cuxhaven - 10 km Lauf

Erstellt: 24.02.2013 23:53:40

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
1	1		998	Torsten	Naue	1	M45	LG Bremen-Nord	00:36:34	00:36:34
2	2		1088	Frederik	Tychsen	1	M35	Trionik Tri Michels Hamburg	00:36:54	00:36:55
3	3		1064	Jannik	Schütt	1	M	Lüneburger SV	00:37:51	00:37:52
4	4		1030	Markus	Ratje	1	MJ U20		00:39:17	00:39:18
5	5		961	Frank	Kupper	2	M45	Lusaner SC 1980	00:39:23	00:39:24
6	6		1090	Thorsten	Unruh	2	M	TSV Ihlienworth	00:40:07	00:40:08
7	7		813	Jan	Bergmann	1	M40	LG Kreis Verden	00:40:18	00:40:20
8		1	1045	Sandra	Sahlmann	1	W30	TSV Neuenwalde	00:41:19	00:41:19
9	8		1113	Manni	Zierott	3	M45	SF Sahlenburg	00:41:29	00:41:33
10	9		967	Stefan	Lasetzke	1	M50		00:41:38	00:42:47
11	10		1128	Niki	Weigelt	2	M40	DSC Rummer	00:42:01	00:42:06
12	11		818	Mathias	blanken	1	M30		00:42:04	00:42:17
13	12		912	Thomas	Heins	4	M45	Cuxland Runner	00:42:11	00:42:13
14	13		1171	Klaus	Lange	5	M45	SC Weyhe	00:42:25	00:42:30
15	14		1038	Ulf	Rödde	2	M50	ASC Marathon Friedberg	00:43:04	00:43:05
16	15		1343	Christian	Deufert	3	M40	Osnabrück	00:43:05	00:43:29
17	16		1189	Detlef	Petzelis	1	M55	PSV Lehrte	00:43:12	00:43:13
18	17		1112	David	Wolf-Rooney	3	M50		00:43:18	00:43:20
19	18		1139	Martin	Wößmann	6	M45	Campingplatz Finck Sahlenburg	00:43:26	00:43:38
20	19		949	Marc	Krampitz	4	M40	TSV Wanna	00:43:28	00:43:33
21	20		917	Wilfried	Hocke	7	M45	TSV Asendorf	00:43:42	00:43:50
22	21		1098	Sven	Wersien	2	M35	Christus Centrum Cuxhaven e.V.	00:43:49	00:43:53
23	22		871	Nils	Fontein	3	M35	VOCO	00:44:01	00:44:03
24	23		988	Martin	Milkov	3	M		00:44:14	00:44:44
25	24		1074	Julian	Stock	4	M		00:44:21	00:44:41
26	25		822	Thomas	Blome	4	M35		00:44:36	00:44:39
27	26		992	Jörg	Müller	5	M40	LT Wischlingen Dortmund	00:45:22	00:45:38
28		2	1346	Maren	Huckschlag	1	W45	LG Bremen-Nord	00:45:25	00:45:28
29	27		1146	Lars	Göhmann	5	M35	Otterndorf	00:45:39	00:45:53
30	28		908	Reiner	Hauberg	6	M35		00:45:43	00:45:46
31	29		1122	Marc	Balser	5	M		00:45:47	00:46:10
32	30		841	Marc-Oliver	Bruns	6	M40	BSG Sparkasse Bremen	00:45:50	00:46:03
33	31		1101	Dirk	Wilke	7	M40		00:46:06	00:46:44
34	32		1169	Sjark	Ahrens	1	MJ U18	VFL Wingst	00:46:11	00:46:12
35	33		1156	Thomas	Kasper	8	M45		00:46:18	00:46:32
36	34		939	Rune	Kickler	6	M	TSV Neuenwalde	00:46:22	00:46:36
37	35		951	Timo	Krischer	2	M30	TSV Bevern	00:46:22	00:47:33

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
38	36		1342	Clavoius	Bergler	8	M40	Casselfornia	00:46:28	00:46:53
39	37		953	Bernd	Kruse	9	M40	TV Loxstedt	00:46:32	00:47:03
40	38		1014	Tobias	Plätzsch	7	M	THW OV Cuxhaven	00:46:38	00:47:01
41	39		857	Thorsten	Döscher	7	M35	THW OV Cuxhaven	00:46:40	00:47:04
42	40		1167	Holger	Schumann	9	M45	TV Loxstedt	00:46:42	00:47:11
43	41		1186	Henning	Kahl	10	M40		00:46:47	00:47:09
44	42		1081	Thomas	Tietjen	10	M45	Duhner SC	00:46:56	00:47:01
45	43		840	Mirco	Brümmer	8	M35	Hamburger SV	00:47:09	00:47:19
46	44		896	Frank	Hahnkamm	11	M40	Team Stadtparkasse	00:47:11	00:47:17
47	45		846	Henry	Cordes	2	M55	VFL Fredenbeck	00:47:39	00:47:44
48	46		1046	Sascha	Sauer	3	M30		00:47:42	00:47:53
49	47		855	Horst	Dörger	4	M50	OSC Bremerhaven	00:47:42	00:47:50
50	48		903	Hauke	Harms	11	M45	Freiwillige Feuerwehr Oxstedt	00:47:42	00:47:46
51	49		1170	Timm	Mahler	8	M		00:47:46	00:48:16
52		3	828	Svenja	Böhnke	2	W30		00:47:55	00:49:05
53	50		836	Fred	Brodda	12	M45		00:48:01	00:49:39
54		4	1026	Stefanie	Quitschorek	1	W40	LAC Veltins Hochsauerland	00:48:10	00:48:11
55	51		860	Andreas	Ebelt	5	M50		00:48:12	00:48:51
56	52		1130	Sebastian	Voertmann	9	M	BSG KOX	00:48:13	00:49:01
57	53		958	Olaf	Kühn	12	M40	Team Stadtparkasse	00:48:20	00:48:27
58	54		1196	Frank	Himme	6	M50	TV Loxstedt	00:48:32	00:49:03
59	55		923	Jan Hendrik	Huhn	13	M45	Blumenhaus Huhn	00:48:32	00:48:48
60	56		849	Patrick	Dahmke	14	M45	VOCO	00:48:48	00:49:20
61	57		809	Gerd	Beckmann	15	M45	TSV Wanna	00:48:53	00:49:31
62	58		830	Carsten	Böneker	3	M55		00:48:57	00:50:26
63	59		978	Hans-Peter	Ludwig	13	M40	Lauftreff Norderstedt	00:48:57	00:49:53
64	60		944	Stefan	Köhler	4	M30		00:49:01	00:49:17
65	61		820	Oliver	Blau	9	M35	Operation Golden Needle	00:49:11	00:49:16
66		5	819	Nina	Blau	3	W30	Operation Golden Needle	00:49:12	00:49:16
67	62		1063	Holger	Schütt	16	M45	TC Cuxhaven	00:49:20	00:49:29
68	63		897	Peter	Hamann	7	M50	team erdinger alkoholfrei	00:49:23	00:49:50
69	64		863	Jörg	Evert	14	M40	Feuerwehr Cuxhaven Oxstedt	00:49:23	00:49:33
70	65		880	Frank	Gaedke	15	M40	Duhner SC	00:49:31	00:49:37
71	66		942	Oliver	Klemm	17	M45		00:49:33	00:50:52
72	67		862	Klaus-Dieter	Ellssel	4	M55		00:49:38	00:51:17
73	68		1176	Michael	Henning	18	M45		00:49:58	00:50:08
74	69		847	Markus	Czarnetzki	19	M45		00:49:59	00:51:36
75	70		1059	Jörg	Schröter	20	M45		00:49:59	00:51:37
76	71		987	Hans-Joachim	Milewski	1	M60	TSV Otterndorf	00:50:04	00:50:31
77	72		1019	Hinnerk	Pott	21	M45		00:50:06	00:50:39
78	73		1068	Alexander	Skora	5	M30		00:50:09	00:50:40

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
79	74		1058	Hendrik	Schranner	10	M		00:50:11	00:50:16
80	75		902	Oliver	Hansel	16	M40	TV Lilienthal	00:50:11	00:51:53
81	76		832	Mathias	Brand-Schönau	22	M45		00:50:20	00:50:26
82	77		1131	Detlev	Kraus	8	M50	LT-TUS Iserlohn	00:50:20	00:50:38
83	78		1178	Gerd	Anders	5	M55	Laufend besser Bremerhaven	00:50:20	00:50:41
84	79		986	Jan	Meyer	11	M		00:50:24	00:50:26
85		6	1116	Katharina	Dreist	1	W		00:50:25	00:50:27
86	80		879	Waldemar	Gadzia	17	M40	Indoor Skydive Bottrop	00:50:28	00:50:36
87	81		833	Matthias	Brauer	18	M40		00:50:29	00:50:57
88	82		881	Heiko	Gärner	6	M55	Team Stadtparkasse	00:50:34	00:51:41
89	83		1195	Nils	Mester	12	M	SF Sahlenburg	00:50:34	00:52:15
90	84		1009	Matthias	Paulsen	9	M50	BSC Nordoe	00:50:43	00:51:57
91		7	1127	Irmtraut	König	1	W55	Harburger SC	00:50:47	00:51:09
92	85		893	Jan	Haase	23	M45		00:50:50	00:51:38
93	86		974	Ralf	Lotz	19	M40		00:50:52	00:51:29
94	87		937	Thomas	Kausche	20	M40		00:50:52	00:51:03
95		8	884	Corinna	Graudenz	2	W	Triathlon TEAM TG Witten	00:50:55	00:51:04
96	88		915	Frank	Hesse	24	M45	LG Kreis Verden	00:51:11	00:51:18
97	89		804	Marcel	Bachler	13	M		00:51:13	00:51:28
98	90		1175	Sascha	Tylske	10	M35		00:51:15	00:51:49
99	91		1027	Volker	Rackebrandt	1	M65	TSV Bramel	00:51:20	00:51:38
100		9	1051	Jennifer	Schlözer	1	W35	jk running	00:51:24	00:51:39
101		10	1031	Adelheid	Reichelt	2	W40	TSV Drangstedt	00:51:29	00:51:42
102	92		975	Ralph	Lucke	2	M65		00:51:30	00:51:36
103	93		1052	Dominik	Schmarje	6	M30		00:51:32	00:52:04
104	94		1084	Volkmar	Tost	25	M45		00:51:35	00:52:49
105	95		1158	Mirko	Wagner	14	M		00:51:44	00:53:26
106	96		1094	Franz	Wagner	10	M50	Krankenhaus Cuxhaven GmbH	00:51:59	00:53:42
107	97		843	Torsten	Butt	21	M40		00:52:05	00:52:13
108	98		801	Dieter	Albeck	11	M50	Team Stadtparkasse	00:52:09	00:53:15
109	99		1061	Rainer	Schulze	26	M45	Leuffreunde-Osterholz	00:52:15	00:52:39
110		11	837	Jessica	Brodde	3	W		00:52:20	00:54:00
111	100		851	Volker	Debald	3	M65	ASV Wesseling 1985 e.V.	00:52:27	00:53:31
112	101		918	Michael	Hoefs	27	M45	BSG Sparkasse Wilhelmshaven	00:52:33	00:52:46
113		12	875	Karin	Freitag	1	W50	MTV Schweringen	00:52:33	00:52:53
114	102		1108	Claus	Wöbber	22	M40		00:52:36	00:53:46
115	103		1024	stefan	Purol	23	M40	MTSV Selsingen	00:52:38	00:53:05
116		13	991	Heike	Müller	2	W45		00:52:41	00:53:32
117	104		1065	Frank	Schwoerer	28	M45		00:52:46	00:54:07
118		14	885	Steffi	Grell	2	W50	Tv Loxstedt	00:52:46	00:53:18
119	105		1021	Francisco	Pouso	24	M40		00:52:52	00:52:58

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
120	106		1079	Falco	Thiering	15	M		00:53:02	00:54:01
121		15	802	Janina	Axmann	4	W		00:53:03	00:54:01
122	107		1003	Lasse	Obst	2	MJ U18	TV Langen	00:53:03	00:53:03
123	108		941	Hardi	Klawe	16	M		00:53:03	00:53:37
124	109		922	Jens	Huff	7	M55	Team Stadtparkasse	00:53:15	00:54:22
125		16	929	Heidi	Jegust	3	W45		00:53:18	00:53:20
126	110		1160	Tilo	Sauerbier	17	M		00:53:25	00:55:06
127	111		800	Martin	Adamski	25	M40		00:53:26	00:54:13
128	112		1159	Raphael	Rehm	18	M		00:53:27	00:55:08
129	113		907	Thomas	Hasselbusch	12	M50	Fahrschulteam Abbi Totz	00:53:43	00:54:17
130	114		1351	Danny	Kramer	11	M35		00:53:47	00:55:29
131		17	1188	Joanna	Jedrzejewska	5	W	Lehrte	00:53:58	00:54:00
132	115		1105	Michael	Witthohn	29	M45	TC CUXHAVEN	00:54:03	00:54:12
133	116		859	Grzegorz	Drozd	12	M35		00:54:05	00:54:13
134	117		1183	Uwe	Dreyer	13	M50		00:54:05	00:55:07
135	118		1184	Ulrich	Bergemann	14	M50		00:54:06	00:55:07
136		18	1135	Julia	Kuhnt	2	W35		00:54:08	00:54:34
137	119		844	Dierk	Castedello	26	M40		00:54:10	00:54:29
138	120		931	Peter	Jerol	15	M50	Team Erdinger Alkoholfrei	00:54:10	00:54:50
139	121		1143	Gerhard	Glissmann	7	M30		00:54:10	00:54:36
140		19	1163	Stefanie	Jaensch	6	W		00:54:20	00:55:33
141	122		1164	Sebastian	Flores	8	M30		00:54:20	00:55:33
142	123		925	Hans	Itjen	16	M50		00:54:25	00:54:27
143	124		1344	Thomas	Bein	17	M50	TV Loxstedt	00:54:36	00:55:01
144	125		1126	Olaf	Schiller	27	M40		00:54:42	00:55:52
145	126		952	Manfred	Krüger	4	M65	ASV Wesseling 1985 e.V.	00:54:56	00:55:59
146		20	845	Ute	Christiansen	4	W45	TSV Altenwalde	00:54:58	00:55:44
147	127		1119	Dennis	Kube	9	M30		00:55:03	00:56:22
148		21	811	Sandra	Berg	5	W45	SV Dreye	00:55:03	00:56:27
149	128		921	Dirk	Höpting	28	M40	TSV Wanna	00:55:05	00:56:13
150	129		894	Volker	Haesche	29	M40	TSV Sievern	00:55:08	00:56:15
151	130		1161	Oliver	Bardell	30	M40		00:55:10	00:56:12
152	131		815	Ulrich	Beyer	5	M65		00:55:10	00:56:34
153	132		1192	Matthias	Gröhl	30	M45		00:55:20	00:56:11
154	133		1025	Martin	Quitschorek	31	M40	LAC Veltins Hochsauerland	00:55:20	00:55:25
155	134		1132	Marco	Brüning	32	M40		00:55:22	00:55:38
156	135		928	Frank	Janßen	18	M50	TSV Lamstedt	00:55:23	00:56:18
157	136		1047	Dieter	Sawischlewski	8	M55	SG Deutsche Bank Celle	00:55:29	00:55:53
158	137		1153	Andreas	Schechten	19	M50		00:55:34	00:56:04
159	138		814	Uwe	Beßner	31	M45	Team Stadtparkasse	00:55:38	00:56:49
160		22	1017	Christine	Postels	3	W35	MTSV Selsingen	00:55:42	00:56:08

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
161	139		1018	Jan	Postels	33	M40	MTSV Selsingen	00:55:42	00:56:08
162	140		1082	Stefan	Timm	32	M45	VOCO	00:55:46	00:57:33
163		23	889	Anja	Grunenberg	2	W55		00:56:00	00:57:34
164		24	1180	Sara	Borchers	7	W		00:56:00	00:56:29
165	141		874	Jörn	Frauenpreiß	33	M45	Team Stadtparkasse	00:56:02	00:57:08
166		25	935	Nadin	Kalus	4	W35		00:56:03	00:56:27
167		26	1141	Lisa	Reggero	8	W		00:56:05	00:56:33
168		27	906	Claudia	Hasselbusch	3	W50	Fitness Factory	00:56:10	00:56:45
169		28	930	Vanessa	Jegust	9	W		00:56:14	00:56:17
170	142		1036	Michael	Renken	34	M40		00:56:17	00:56:43
171		29	1060	Barbara	Schult	6	W45	TSV Otterndorf	00:56:19	00:56:40
172		30	1037	Monika	Rockstein	7	W45		00:56:26	00:57:25
173	143		891	Ralf	Gundlack	34	M45		00:56:26	00:57:25
174	144		1077	Frank	Stöwer	35	M45		00:56:28	00:58:05
175	145		1096	Adolf	Weigelt	1	M70	Bremen-Nord	00:56:30	00:56:57
176	146		1348	Andreas	Tielitz	9	M55		00:56:31	00:58:32
177		31	1166	Kerstin	Ziebell	10	W	TSV Ihlienworth	00:56:35	00:58:02
178		32	1044	Frauke	Ryll	3	W40		00:56:36	00:56:45
179	147		1147	Michael	Glenz	20	M50		00:56:36	00:58:07
180	148		1350	Christian	Bruns	2	M60	OSC Bremerhaven	00:56:38	00:58:02
181	149		803	Dirk	Baake	36	M45	Laufgemeinschaft Wasser- und Schiffahrtsamt Cuxhaven	00:56:40	00:57:09
182		33	1121	Bianca	Schumacher	11	W		00:56:48	00:56:53
183	150		1152	Wolfgang	Henning	21	M50		00:56:50	00:57:52
184		34	959	Anja	Kühnast	4	W40	My Life Fitness - Bremerhaven	00:56:55	00:57:38
185		35	1349	Heike	Kallauch	8	W45		00:57:06	00:59:07
186	151		892	Jakob-Sebastian	Gutekunst	19	M		00:57:12	00:57:35
187	152		1016	Thomas	Postel	37	M45		00:57:14	00:58:42
188		36	1168	Nicole	Schumann	5	W40	TV Loxstedt	00:57:17	00:57:56
189		37	1023	Marja	Prettenhofer	9	W45	tsv eystrup	00:57:17	00:58:32
190	153		1157	Peter	Funke-Franke	10	M55		00:57:20	00:58:45
191	154		1179	Malte	Harmening	22	M50	GTV Bremerhaven	00:57:21	00:59:14
192	155		1080	Horst	Tietje	3	M60		00:57:21	00:59:02
193		38	854	Sandra	Döpke	6	W40		00:57:25	00:59:12
194		39	1086	Heike	Tschritter-Weippert	10	W45	b.i.t. Bremerhaven	00:57:30	00:58:38
195		40	1144	Kristine	Strunk	4	W50	SF Sahlenburg	00:57:31	00:57:59
196	156		864	Dieter	Fels	11	M55	Cafe Kunstwerk Hechthausen	00:57:32	00:58:24
197		41	1053	Kirsten	Schmarje	11	W45	TAD PHARMA GMBH	00:57:33	00:58:36
198		42	1054	Kati	Schmidt	5	W35	TUS Dorum	00:57:33	00:58:05
199		43	829	Kerstin	Bokelmann	7	W40		00:57:34	00:58:08
200		44	865	Claudia	Fichtner	8	W40	ATSC	00:57:34	00:58:54

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
201		45	898	Bettina	Hamke	9	W40		00:57:35	00:58:39
202		46	1071	Silke	Stein	5	W50	Laufgemeinschaft Wasser- und Schifffahrtsamt Cuxhaven	00:57:38	00:57:51
203		47	895	Claudia	Hahnkamm	10	W40	Team Stadtparkasse	00:57:40	00:57:45
204	157		1145	Jens	Witte	38	M45	Lübbecker-Berglöwen	00:57:41	00:58:57
205	158		916	Uwe	Hesse	23	M50		00:57:43	00:59:03
206	159		1032	Ralf	Reichert	24	M50	TV Langen	00:57:46	00:58:00
207	160		1034	Kai	Reinecke	35	M40		00:57:47	00:58:13
208		48	1095	Melanie	Wechsel	11	W40		00:57:52	00:58:13
209		49	1150	Anne	Peters	12	W		00:57:52	00:59:32
210	161		1015	Günter	Menzel	4	M60		00:57:52	00:58:12
211	162		1177	Claudius	Rösner	39	M45	Sportfreunde Sahlenburg	00:57:53	00:59:08
212	163		1155	Peter	Schubert	40	M45		00:57:56	00:59:17
213		50	1109	Hanna	Wohler	13	W		00:58:11	00:58:42
214	164		955	Rainer	Krüss	2	M70		00:58:14	00:58:46
215	165		1193	Uwe	Pahl	41	M45	TUSV Bützfleth	00:58:17	00:59:10
216		51	1194	Anke	Stüven	12	W40	TUSV Bützfleth	00:58:17	00:59:10
217		52	964	Manja	Lammerich	4	W30		00:58:26	00:58:28
218	166		972	Rudolf	Lohse	42	M45	VOCO	00:58:29	00:59:02
219	167		1199	Torsten	Menze	25	M50		00:58:32	00:59:59
220	168		926	Peter	Itjen	36	M40		00:58:34	00:58:50
221		53	888	Petra	Grundmann	12	W45	LLG HERZKASPER	00:58:39	01:00:02
222	169		983	Jens-Christian	Mangels	37	M40		00:58:44	00:59:51
223		54	1115	Meike	Jobs	13	W40	LG WEM TV Spaden	00:59:09	01:00:34
224		55	999	Andrea	Neiß	13	W45	LT Düsseldorf-Süd	00:59:10	00:59:55
225	170		1137	Dirk	Knatz	26	M50	Sevinghausener Jungs	00:59:15	00:59:41
226	171		1162	Reinhard	Oberfeld	5	M60		00:59:15	01:00:05
227		56	839	Melanie	Bruhns	5	W30		00:59:17	01:01:03
228	172		1070	Olaf	Stegemann	38	M40		00:59:19	01:00:00
229	173		838	Mike	Brodhagen	10	M30	Laufgemeinschaft Wasser- und Schifffahrtsamt Cuxhaven	00:59:32	00:59:45
230	174		996	Matthias	Murawski	20	M		00:59:38	01:00:14
231		57	995	Heike	Murawski	6	W50		00:59:38	01:00:13
232		58	1187	Corinna	Uffenbrink	14	W45	TUS Wagenfeld	00:59:41	01:00:20
233		59	1149	Sabine	Paechnatz-Novy	7	W50		00:59:44	01:00:40
234	175		1148	Axel	Novy	27	M50		00:59:44	01:00:40
235	176		919	Thomas	Höke	43	M45		00:59:46	01:00:21
236		60	1055	Susanne	Scholtke	15	W45	Post SV Uelzen	00:59:47	01:00:21
237		61	1347	Britta	Peper	16	W45	Firma Lidl	00:59:50	01:00:23
238		62	1114	Katharina	Zwingel	14	W		00:59:59	01:00:17
239		63	950	Petra	Kratzke	17	W45		01:00:00	01:00:12

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
240		64	1125	Katja	Vaihinger	14	W40		01:00:06	01:00:58
241	177		973	Michael	Lotz	13	M35		01:00:15	01:00:51
242		65	943	Filiz	Klinger	3	W55	Team Stadtparkasse	01:00:36	01:00:36
243	178		904	Stefan	Hartwig	11	M30	TSV Otterndorf	01:00:37	01:02:21
244	179		932	Michael	Jung	14	M35		01:00:37	01:02:21
245	180		1092	Busso	von Heimburg	28	M50	G7 Ultimate	01:00:50	01:02:11
246		66	1197	Gesa	Ruser	8	W50	Lauftreff LG Bremen-Nord	01:00:51	01:01:53
247		67	965	Andrea	Landgraf	6	W35		01:00:51	01:01:55
248		68	1198	Martina	Menze	18	W45		01:00:56	01:02:21
249		69	1010	Andrea	Penningsfeld-Euripides	9	W50	LG Kreis Nord-Stade	01:01:01	01:01:15
250	181		1345	Jürgen	Grohn	29	M50		01:01:03	01:02:26
251		70	1118	Katrin	Gerds	19	W45		01:01:15	01:02:46
252		71	824	Silvia	Holz	20	W45		01:01:15	01:02:46
253	182		1020	Sven	Potzel	12	M30		01:01:26	01:02:54
254	183		900	Thorsten	Hannemann	44	M45	Team Stadtparkasse	01:01:28	01:02:41
255		72	1067	Karin	Sepcke	21	W45	ATSC	01:01:31	01:01:57
256	184		1000	Wolfgang	Neiß	12	M55		01:01:33	01:02:20
257	185		1110	Klaus	Wöhlkens	13	M55	TCC-Cuxhaven	01:01:36	01:01:45
258	186		1117	Rolf	Behrends	6	M65	SF Sahlenburg	01:01:38	01:01:44
259	187		984	Wilfried	Marx	30	M50	ASV Wessling 1985 e.V.	01:01:42	01:02:45
260		73	842	Corinna	Busch	22	W45	AOK Lauftreff Bremerhaven	01:01:47	01:02:10
261		74	1056	Swantje	Schöne	15	W		01:01:48	01:03:31
262		75	1099	Claudia	Wibbertmann	15	W40	TVJ Walsrode	01:01:50	01:02:32
263	188		990	Gerd	Müller	3	M70	TVJ Walsrode	01:01:51	01:02:33
264	189		956	Gerhard	Kühlke	31	M50	LG Kreis Nord-Stade	01:01:52	01:02:07
265	190		1013	Stefan	Pinger	15	M35	WSG Borkum	01:01:53	01:02:10
266		76	946	Nadine	Koop	7	W35		01:01:54	01:02:12
267		77	823	Manja	Boer	8	W35		01:01:55	01:03:15
268		78	1004	Martina	Oestmann	10	W50	TSV Imsum	01:01:58	01:02:34
269	191		1151	Andreas	Meyer	45	M45		01:02:01	01:03:12
270		79	940	Gabriele	Kirchhoff	11	W50	Lauftreff	01:02:09	01:02:32
271	192		1005	Otmar	Orsag	6	M60	ASV Wesseling 1985e.V.	01:02:11	01:03:15
272		80	878	Regina	Fuchs	23	W45	ASV Wesseling 1985 e.V.	01:02:22	01:03:26
273		81	1165	Barbara	Huhn	16	W40		01:02:23	01:02:39
274		82	905	Meiken	Hashagen	24	W45		01:02:36	01:03:50
275		83	960	Miriam	Kupilas	16	W		01:02:41	01:03:25
276		84	1062	Marion	Schumacher	25	W45	Laufgemeinschaft Wasser- und Schifffahrtsamt Cuxhaven	01:02:42	01:03:09
277	193		812	Ulrich	Bergens	14	M55		01:02:44	01:03:02
278		85	1076	Carmen	Stoll	9	W35		01:02:44	01:02:51
279	194		948	Michael	Körte	46	M45		01:02:47	01:04:30

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
280	195		887	Lars	Grundmann	47	M45	LLG HERZKASPER	01:02:48	01:04:10
281		86	1048	Nicole	Schalk	17	W40		01:02:50	01:03:30
282	196		1136	Dr. Jan-Peter	Siegers	39	M40		01:02:50	01:03:02
283		87	901	Claudia	Hansel	18	W40	TV Lilienthal	01:03:18	01:05:00
284		88	1181	Martina	Huth	26	W45	Runningteam Wilhelmshaven	01:03:27	01:03:39
285		89	827	Sarah	Böhnke	17	W		01:03:35	01:04:45
286		90	1129	Anne	Vogel	1	W60	SC Neptun Cuxhaven	01:03:36	01:05:12
287		91	1138	Sabine	Zierott	27	W45		01:03:44	01:04:39
288		92	993	Marianne	Müller	2	W60	TVJ	01:03:46	01:04:26
289		93	1042	Martina	Rolf	12	W50	tsv eystrup	01:03:48	01:05:04
290		94	1035	Ina	Reitmeier	28	W45	tsv eystrup	01:03:49	01:05:04
291		95	1072	Fenja	Stenzel	18	W		01:04:05	01:04:30
292		96	910	Katrin	Hein	29	W45	SF Sahlenburg	01:04:15	01:05:33
293	197		927	Uwe	Jahnke	48	M45	Grodener Bürgerverein	01:04:19	01:04:46
294		97	835	Tanja Marita	Brinkmann	10	W35	Liebe in zwei Städten	01:04:25	01:05:46
295		98	1182	Ingrid	Bochniak	13	W50		01:04:29	01:05:27
296	198		856	Michael	Dorn	40	M40		01:04:31	01:04:55
297		99	1185	Elmira	von Staa	11	W35		01:04:40	01:06:03
298		100	1097	Tabea	Welsch	1	WJ U18		01:04:50	01:06:05
299		101	1087	Anna	Tüshaus	6	W30		01:04:50	01:06:20
300	199		868	Jörg	Fischer	41	M40		01:04:55	01:05:36
301	200		954	Dirk	Krüß	49	M45		01:04:56	01:05:28
302	201		1050	Jörg-Hermann	Schlichting von Rönn	7	M60		01:05:29	01:06:31
303	202		1093	Heino	von Heimbürg	32	M50	Betriebssportgruppe T-Systems	01:05:31	01:06:51
304	203		1089	Ole	Uhdenwoldt	2	MJ U20	LLG HERZKASPER	01:05:37	01:07:02
305		102	1002	Judith	Obst	4	W55	Lauftreff	01:05:39	01:06:03
306		103	1134	Karin	Brauer	14	W50	Powerschnitten	01:05:55	01:06:11
307		104	817	Bärbel	Blanken	15	W50	SC-Hemmoor	01:06:05	01:06:49
308		105	1133	Andrea	Bünger	16	W50	Powerschnitten	01:06:09	01:06:24
309	204		1029	Ole	Rathjen	42	M40	Radbod Runners Hamm	01:06:11	01:06:30
310		106	825	Anke	Böhme	12	W35	Radbod-Runners Hamm	01:06:12	01:06:30
311		107	1172	Verena	Oetken	19	W		01:06:24	01:07:29
312		108	966	Nadine	Larm	7	W30		01:06:27	01:07:23
313		109	1100	Carmen	Wilke	19	W40		01:06:37	01:07:33
314		110	934	Agnes	Kaliszewski	13	W35		01:06:39	01:07:35
315	205		1174	Maik	Leßmeier	50	M45		01:06:47	01:07:45
316		111	873	Kathinka	Forstmann	20	W40		01:06:52	01:08:18
317		112	872	Anne	Forstmann	2	WJ U18		01:06:52	01:08:18
318		113	938	Marion	Kehr	14	W35		01:06:52	01:07:32
319		114	1142	Joanna	Stöwing	21	W40		01:06:54	01:08:29
320	206		1039	Dirk	Roeßler	51	M45		01:07:16	01:07:22

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto	Brutto
321		115	914	Anna - Lena	Hesse	20	W		01:07:24	01:08:43
322	207		866	Christian	Fischer	21	M	FAC2k	01:07:26	01:08:16
323		116	1006	Wilma	Orsag	3	W60	ASV Wesseling 1985e.V.	01:07:30	01:08:34
324		117	883	Michaela	Gillmann	17	W50	Kreissparkasse Verden	01:07:42	01:08:47
325		118	876	Cindy	Freund	8	W30		01:08:06	01:08:23
326		119	971	Andrea	Lind	9	W30		01:08:06	01:08:24
327		120	1123	Regina	Kahle	30	W45		01:08:13	01:09:25
328		121	1190	Marina	Sakulski	21	W	Frosta	01:08:16	01:09:04
329		122	1008	Carmen	Otto	31	W45	BLB Betriebssport	01:08:59	01:10:04
330	208		1007	Dennis	Otten	13	M30		01:09:16	01:11:03
331		123	913	Stephanie	Hennicke	15	W35		01:09:28	01:11:03
332	209		861	Tim	Ebken	16	M35	TCC	01:09:40	01:09:50
333	210		936	Thomas	Kammeier	52	M45	TSV Wehdel	01:09:47	01:10:41
334		124	899	Nicole	Hannemann	10	W30		01:09:51	01:11:10
335		125	1075	Katja	Stoetzer	11	W30		01:09:52	01:11:10
336		126	870	Waltraud	Folkerts	5	W55		01:10:26	01:11:05
337		127	850	Christiane	Debald	4	W60	ASV Wesseling 1985 e.V.	01:10:39	01:11:44
338		128	1041	Helga	Rohden-Stupp	1	W65	ASV Wesseling 1985 e.V.	01:10:39	01:11:44
339	211		945	Jochen	Köhn	33	M50	SGS Sportgruppe	01:11:26	01:12:10
340		129	867	Ivonne	Fischer	22	W		01:11:27	01:13:01
341	212		1124	Alexander	Mueller	14	M30		01:11:28	01:13:01
342	213		890	Uwe	Grunwald	53	M45	Lauftreff	01:11:36	01:12:00
343		130	1173	Maria	Babic	6	W55		01:12:31	01:13:35
344		131	848	Tatjana	Dahmann	22	W40		01:12:40	01:14:15
345	214		980	Jens	Mahlow	43	M40	OSC Bremerhaven	01:13:08	01:14:53
346		132	853	Beate	Dhem	32	W45		01:13:14	01:14:15
347	215		1040	Jörg	Rohde	34	M50		01:13:48	01:14:48
348		133	1012	Claudia	Pieprytza	23	W40	TuS Zetel	01:14:29	01:15:44
349		134	1083	Melanie	Tönjes	16	W35	TSV Basdahl-Volkmarst	01:15:17	01:16:50
350	216		1120	Michael	Martens	44	M40		01:15:23	01:16:40
351	217		997	Simon	Namberger	15	M30	Team Stadtparkasse	01:15:28	01:16:55
352		135	852	Heike	Decker	18	W50	Team Erdinger Spezial	01:17:02	01:18:37
353		136	911	Sandra	Heinig	17	W35		01:17:13	01:18:48
354		137	1001	Elke	Nieske	19	W50	Team Erdinger Alkoholfrei	01:17:38	01:19:12
355		138	806	Claudia	Bäcker	20	W50	Lg Die Laufmaschen	01:17:38	01:19:12
356		139	1191	Luisa	Nikoley	23	W	Frosta	01:23:47	01:24:35
357		140	969	Jutta	Leiker	33	W45		01:25:03	01:26:38