

3. Sparkassen City Marathon Cuxhaven

Gesamtliste Marathon

5. April 2009

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Männer

Platz	Startnr.	Name	JG	NAT	Verein/Ort	AK	AK-Pl	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
1	116	Sebrantke, Oliver	76	DE	*Stuhr	M30	1	2:45:08	2:45:10	0:40:03	0:40:26	0:41:16	0:43:22	3,55	15,33
2	167	Brandenstein, Frederik	80	DE	*Essen	MHK	1	3:00:06	3:00:13	0:44:56	0:44:42	0:45:04	0:45:23	4,16	14,06
3	145	Zabel, Egbert	53	DE	FSV Köthen	M55	1	3:02:18	3:02:21	0:42:34	0:44:10	0:47:13	0:48:20	4,19	13,89
4	9	Dachs, Manfred	66	DE	VC/LG Nienburg	M40	1	3:07:35	3:07:38	0:43:55	0:45:44	0:47:54	0:50:02	4,27	13,50
5	83	Meier, Hinrich	80	DE	*Bünde	MHK	2	3:11:15	3:11:41	0:45:45	0:44:50	0:47:30	0:53:10	4,32	13,24
6	105	Reichelt, Mario	70	DE	Delligser SC	M35	1	3:12:45	3:12:49	0:44:04	0:45:07	0:47:44	0:55:48	4,34	13,13
7	115	Spörer, Sebastian	78	DE	Die Phrasendrescher	M30	2	3:13:57	3:14:01	0:44:46	0:45:25	0:50:26	0:53:19	4,36	13,05
8	53	Heidebrecht, Hans-Jürgen	87	DE	SV-Langwedel	MHK	3	3:14:33	3:14:44	0:48:52	0:49:15	0:48:42	0:47:43	4,37	13,01
9	178	Heinrich, Uwe	57	DE	BSG Mecklenburgsische Vers.	M50	1	3:14:41	3:14:50	0:47:44	0:49:53	0:49:12	0:47:50	4,37	13,00
10	136	Wallesch, René	72	DE	100 Marathon Club	M35	2	3:15:08	3:15:41	0:48:41	0:49:04	0:48:42	0:48:40	4,37	12,97
11	69	Klemm, Michael	68	DE	LG Wilhelmshaven	M40	2	3:15:44	3:15:46	0:47:07	0:47:39	0:49:04	0:51:53	4,38	12,93
12	183	Pörtner, Jens	69	DE	LG Oerlinghausen	M40	3	3:16:11	3:17:04	0:48:52	0:48:03	0:49:09	0:50:06	4,39	12,90
13	51	Hagenah, Michael	66	DE	Borussia Mönchengladbach	M40	4	3:16:12	3:16:44	0:48:02	0:46:49	0:48:05	0:53:14	4,39	12,90
14	44	Granz, Burkhard	59	DE	*Seevetal	M50	2	3:17:45	3:17:48	0:45:16	0:45:56	0:48:58	0:57:33	4,41	12,80
15	133	von Heygendorff, Peter	60	DE	*Cuxhaven	M45	1	3:19:14	3:19:20	0:46:10	0:48:03	0:51:09	0:53:51	4,43	12,71
16	137	Warmbold, Lars	77	DE	*Uetze	M30	3	3:20:44	3:20:48	0:45:04	0:46:06	0:49:50	0:59:43	4,45	12,61
17	126	Töpfer, Dietrich	81	DE	Therapie Zentrum Flensburg	MHK	4	3:21:27	3:21:34	0:48:14	0:48:55	0:51:50	0:52:28	4,46	12,57
18	12	Detroy, Peter	60	DE	LC Duisburg	M45	2	3:21:43	3:21:52	0:45:07	0:48:28	0:52:10	0:55:56	4,47	12,55
19	23	Fasel, Norbert	65	DE	LSF Münster	M40	5	3:23:11	3:23:20	0:45:46	0:48:32	0:52:52	0:55:59	4,49	12,46
20	110	Rudelsberger, Stefan	64	DE	*Stade	M45	3	3:23:15	3:23:48	0:49:57	0:49:55	0:50:38	0:52:44	4,49	12,46
21	164	Bremer, Jörg	61	DE	LG Solling	M45	4	3:23:48	3:24:07	0:48:36	0:49:08	0:52:43	0:53:20	4,50	12,42
22	120	Sonntagbauer, Rainer	65	AT	SAECO POWER TEAM	M40	6	3:24:15	3:24:22	0:49:25	0:50:34	0:51:26	0:52:48	4,50	12,39
23	148	Zastrow, Oke	81	DE	VfL Fosite Helgoland v. 1893 e	MHK	5	3:24:22	3:24:30	0:50:50	0:48:46	0:49:14	0:55:30	4,51	12,39
24	159	Nitz, Hans-Jürgen	70	DE	*Rhauderfehn	M35	3	3:26:12	3:26:56	0:52:11	0:50:57	0:51:28	0:51:33	4,53	12,28
25	182	Schloemer, Stefan	66	DE	*Köln	M40	7	3:26:14	3:26:32	0:48:43	0:49:17	0:52:16	0:55:57	4,53	12,28
26	46	Gräwe, Detlef	53	DE	Tri-As Hamm	M55	2	3:26:16	3:26:16	0:48:56	0:50:43	0:53:22	0:53:14	4,53	12,27
27	103	Raschke, Maik	73	DE	TuS Zetel	M35	4	3:26:25	3:26:29	0:43:55	0:45:34	0:53:30	1:03:25	4,54	12,26
28	131	Vollmer, Ralf	62	DE	100 Marathon Club	M45	5	3:26:49	3:27:32	0:52:25	0:53:12	0:52:00	0:49:10	4,54	12,24
29	1	Baumgartner, Kurt	47	CH	LSV Basel	M60	1	3:27:40	3:27:42	0:44:19	0:47:50	0:52:27	1:03:03	4,55	12,19
30	90	Oesten, Dirk	69	DE	Fishtown Runners Bremerhave	M40	8	3:29:13	3:29:29	0:50:26	0:51:57	0:53:50	0:52:59	4,58	12,10
31	30	Frey, Jürgen	71	DE	TSV Ihlienworth	M35	5	3:30:20	3:30:30	0:50:07	0:51:20	0:53:20	0:55:32	4,59	12,04
32	130	Vatterodt, Tom	51	DE	*Edewecht	M55	3	3:31:25	3:31:57	0:50:54	0:51:46	0:52:40	0:56:03	5,01	11,97
33	47	Gröning, Wolfgang	53	DE	*Flensburg	M55	4	3:31:38	3:31:43	0:50:12	0:52:02	0:53:15	0:56:08	5,01	11,96
34	111	Scheper, Thorsten	65	DE	Lauffreff Langförden	M40	9	3:32:31	3:32:53	0:48:42	0:48:47	0:52:43	1:02:17	5,02	11,91
35	172	Kruse, Jörg	63	DE	LC Hansa Stuhr	M45	6	3:34:23	3:34:36	0:54:01	0:54:00	0:54:57	0:51:23	5,05	11,81
36	80	Marquardt, Michael	55	DE	TS Harburg	M50	3	3:34:37	3:34:51	0:46:49	0:49:33	0:55:14	1:03:00	5,05	11,80
37	179	Heimken, Wolfgang	47	DE		M60	2	3:34:51	3:35:15	0:53:25	0:51:01	0:53:24	0:57:00	5,06	11,78
38	34	Gaes, Thomas	66	DE	*Hamburg	M40	10	3:35:07	3:35:25	0:52:40	0:52:53	0:53:40	0:55:53	5,06	11,77
39	129	Vatterodt, Tim	74	DE	*Edewecht	M35	6	3:35:20	3:35:53	0:50:54	0:51:46	0:52:42	0:59:57	5,06	11,76
40	140	Weber, Dirk	68	DE	FC St. Pauli von 1910 e.V.	M40	11	3:35:27	3:36:02	0:55:26	0:54:02	0:54:08	0:51:49	5,06	11,75
41	58	Hoffmann, Martin	49	DE	LG Vulkaneifel	M60	3	3:35:37	3:36:01	0:51:04	0:52:15	0:55:18	0:56:59	5,07	11,74
42	6	Brathering, Frank	71	DE	Volksbank Peine eG	M35	7	3:36:37	3:36:59	0:47:58	0:48:57	0:58:03	1:01:38	5,08	11,69
43	169	Schweers, Helge	63	DE	SV Nordenham	M45	7	3:37:37	3:37:43	0:48:58	0:50:53	0:56:39	1:01:06	5,09	11,63
44	146	Zeller, Manfred	43	DE	Einzelkämpfer	M65	1	3:38:22	3:38:47	0:52:08	0:52:57	0:55:19	0:57:57	5,11	11,59
45	139	Watermann, Pascale	89	DE	Marathonmania	MHK	6	3:38:42	3:39:12	0:52:51	0:53:12	0:55:43	0:56:55	5,11	11,58
46	45	Graubner, Rolf	55	DE	Triathlon Hamburger Hochschu	M50	4	3:39:57	3:40:39	0:56:08	0:54:46	0:54:57	0:54:04	5,13	11,51
47	60	Holtz, Norbert	57	DE	TSG Nordholz	M50	5	3:42:32	3:43:11	0:54:38	0:55:01	0:55:52	0:57:00	5,16	11,38
48	49	Haase, Falko	69	DE	*Hamburg	M40	12	3:42:52	3:43:25	0:56:18	0:54:39	0:55:31	0:56:22	5,17	11,36
49	99	Radzuweit, Thomas	65	DE	100 Marathon Club	M40	13	3:43:23	3:44:01	0:49:37	0:53:01	1:00:40	1:00:05	5,18	11,33
50	117	Simon, Raimund	50	DE	*Langen	M55	5	3:43:30	3:43:57	0:51:03	0:50:28	0:57:37	1:04:20	5,18	11,33
51	166	Schwarte, Dieter	64	DE	Juwelier-ENGEL Quakenbrück	M45	8	3:43:55	3:44:15	0:54:33	0:55:14	0:56:45	0:57:22	5,18	11,31
52	171	Reimers, Jürgen	60	DE	*Verden	M45	9	3:44:19	3:44:29	0:51:00	0:53:01	0:55:06	1:05:11	5,19	11,29
53	160	Ulbricht, Andreas	63	DE	LC Hansa Stuhr	M45	10	3:45:08	3:45:21	0:54:02	0:54:00	0:55:16	1:01:49	5,20	11,24
54	106	Richter, Frank	63	DE	*Wilhelmshaven	M45	11	3:46:25	3:46:41	0:53:56	0:54:23	0:56:51	1:01:14	5,22	11,18
55	157	Ilsøe, Henrik	59	DK	AALIG Aabenraa	M50	6	3:46:37	3:46:46	0:52:34	0:54:18	0:56:00	1:03:44	5,22	11,17
56	168	Slaaf, Sjoerd	52	NL	*Groningen	M55	6	3:47:15	3:47:20	0:53:05	0:55:40	0:59:14	0:59:14	5,23	11,14
57	98	Quitschorek, Martin	68	DE	TriFun Hennesee	M40	14	3:47:17	3:47:28	0:53:12	0:55:50	0:58:01	1:00:12	5,23	11,14
58	195	Stegen, Dirk	61	DE	TSV Wehdel	M45	12	3:48:26	3:49:04	0:52:24	0:54:56	0:59:19	1:01:46	5,25	11,08
59	94	Pielke, Thomas	63	DE	*Kummerfeld	M45	13	3:48:42	3:49:03	0:52:13	0:52:44	0:54:40	1:09:03	5,25	11,07

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5. April 2009

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Männer

Platz	Startnr.	Name	JG	NAT	Verein/Ort	AK	AK-PI	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
60	180	Wellmann, Thomas	59	DE	LT TUS Iserlohn	M50	7	3:49:18	3:49:29	0:54:37	0:55:16	0:57:56	1:01:26	5,26	11,04
61	28	Flügel, Stefan	59	DE	LT TUS Iserlohn	M50	8	3:49:18	3:49:29	0:54:38	0:55:17	0:57:56	1:01:25	5,26	11,04
62	40	Glasow, Andreas	61	DE	It tus iserlohn	M45	14	3:49:18	3:49:29	0:54:38	0:55:18	0:57:55	1:01:26	5,26	11,04
63	155	Weitkämper, Wolfgang	60	DE	Team Erdinger Alkoholfrei	M45	15	3:50:04	3:50:47	0:54:12	0:55:49	0:59:41	1:00:20	5,27	11,00
64	78	Lopez, Manuel	57	ES	TSG Nordholz	M50	9	3:50:44	3:51:18	0:55:04	0:55:59	0:58:34	1:01:06	5,28	10,97
65	149	Schilling, Peter	51	DE	LT Waldschleicher Lohne	M55	7	3:52:07	3:52:29	0:57:39	0:56:18	0:56:36	1:01:33	5,30	10,91
66	26	Fiebig, Uwe	49	DE	TV Langen	M60	4	3:55:05	3:55:09	0:51:47	0:55:07	1:02:29	1:05:41	5,34	10,77
67	158	Frauenpreiss, Thorsten	66	DE	Für meine Lütten	M40	15	3:55:10	3:55:48	0:57:53	0:58:52	0:58:34	0:59:48	5,34	10,77
68	163	Buhrdorf, Axel	64	DE	Bremer Schachgesellschaft vo	M45	16	3:56:03	3:56:23	0:49:57	0:55:01	1:05:22	1:05:40	5,36	10,72
69	29	Frerichs, Robert	74	DE	*Hage	M35	8	3:56:19	3:57:03	0:54:11	0:55:35	1:00:30	1:06:02	5,36	10,71
70	185	Meyer, Hartmut	52	DE		M55	8	3:56:35	3:56:47	0:56:59	0:59:34	0:59:56	1:00:05	5,36	10,70
71	66	Kaufhold, Jürgen	83	DE	*Bremerhaven	MHK	7	3:56:42	3:56:50	0:55:22	0:58:06	1:00:43	1:02:29	5,37	10,70
72	18	Ehlers, Harald	61	DE	TuS Zetel	M45	17	3:57:21	3:57:53	1:00:00	1:01:00	0:58:45	0:57:36	5,38	10,67
73	57	Hinrichs, Jürgen	61	DE	Tus Zetel	M45	18	3:57:22	3:57:53	1:00:00	1:01:00	0:58:45	0:57:36	5,38	10,67
74	114	Schmidtke, Rudi	63	DE	Team ERDINGER Alkoholfrei	M45	19	3:58:07	3:58:26	0:59:33	0:59:29	0:57:59	1:01:05	5,39	10,63
75	93	Penning, H.-d.	62	DE	Fortuna Logabirum	M45	20	3:59:24	3:59:48	0:59:27	0:59:25	0:59:07	1:01:23	5,40	10,57
76	54	Heinemeyer, Jürgen	56	DE	Team ERDINGER Alkoholfrei	M50	10	3:59:46	4:00:00	0:54:45	0:56:39	1:01:22	1:06:58	5,41	10,56
77	165	Dopp, Josef	53	DE	TSG Hatten-Sandkrug	M55	9	4:02:16	4:02:28	0:59:38	0:59:29	0:59:28	1:03:39	5,45	10,45
78	10	Decker, Klaus	62	DE	Die Laufmaschen	M45	21	4:02:54	4:03:29	0:57:08	0:57:08	1:02:25	1:06:12	5,45	10,42
79	95	Pieprzytza, Mike	72	DE	TuS Zetel	M35	9	4:02:55	4:03:27	0:58:47	0:58:44	1:00:29	1:04:54	5,45	10,42
80	35	Geisel, Georg	60	DE	*Königstein	M45	22	4:04:00	4:04:21	0:55:29	0:57:33	1:02:35	1:08:21	5,47	10,38
81	33	Gabriel, Uli	71	DE	TV Attendorf TRI-TIME	M35	10	4:06:00	4:06:01	0:56:53	0:58:18	1:02:41	1:08:06	5,50	10,29
82	37	Genz, Peter	54	DE	100 Marathon Club	M55	10	4:07:49	4:08:30	1:04:00	1:06:29	0:59:37	0:57:42	5,52	10,22
83	32	Fromme, Dieter	53	DE	*Berlin	M55	11	4:08:14	4:08:56	0:59:44	0:58:25	1:02:51	1:07:13	5,53	10,20
84	17	Elgers, Cai	44	DE	Spiridon Frankfurt	M65	2	4:08:23	4:09:09	1:01:03	1:02:02	1:01:00	1:04:16	5,53	10,19
85	55	Henne, Hans-Albert	58	DE	100 Marathon Club/TSG Nord	M50	11	4:09:58	4:10:34	0:57:06	0:57:07	1:02:43	1:13:00	5,55	10,13
86	138	Waschkewitz, Klaus	59	DE	*Springe	M50	12	4:10:51	4:11:15	0:54:13	1:01:08	1:06:52	1:08:37	5,57	10,09
87	41	Göke, Helmut	50	DE	TSG Nordholz	M55	12	4:10:51	4:11:05	0:55:22	0:58:58	1:02:53	1:13:37	5,57	10,09
88	127	Traeder, Martin	90	DE	*Sehnde	MJA	1	4:12:08	4:12:38	0:54:28	0:55:08	1:04:03	1:18:27	5,59	10,04
89	74	König, Uwe	61	DE	TVG Kaiserau	M45	23	4:14:26	4:14:58	0:56:11	0:59:26	1:06:29	1:12:19	6,02	9,95
90	188	Oestmann, Robert	67	DE		M40	16	4:14:30	4:14:40	0:52:28	0:57:08	1:02:49	1:22:03	6,02	9,95
91	5	Böker, Peter	62	DE	Total Chaos Runners	M45	24	4:15:38	4:16:20	1:01:30	1:03:44	1:04:10	1:06:13	6,04	9,90
92	128	Vassil, Sven	70	DE	*Bremerhaven	M35	11	4:17:01	4:17:17	0:50:26	0:52:03	1:04:30	1:30:00	6,05	9,85
93	65	Junker, Gerd	56	DE	TSV Wallenhorst	M50	13	4:17:15	4:17:36	0:54:39	0:55:50	1:00:15	1:26:30	6,06	9,84
94	42	Gormanns, Kurt	51	DE	*Bramsche	M55	13	4:19:24	4:19:47	1:01:44	1:02:16	1:06:00	1:09:23	6,09	9,76
95	189	Steinke, Martin	63	DE	Kirchenkreis Osnabrück	M45	25	4:19:25	4:19:47	1:01:44	1:02:17	1:06:01	1:09:22	6,09	9,76
96	194	Kuhlmey, Dr. Jürgen	38	DE	100 Marathon Club	M70	1	4:19:46	4:20:07	1:00:36	1:01:24	1:03:26	1:14:20	6,09	9,75
97	174	Kramer, Peter	70	DE	*Cadenberge	M35	12	4:20:14	4:20:44	0:58:41	1:00:36	1:07:50	1:13:07	6,10	9,73
98	101	Rasmussen, Hans	44	DK	Kerteminde motions klub	M65	3	4:21:21	4:21:37	0:57:09	1:00:07	1:04:23	1:19:40	6,12	9,69
99	85	Meisterling-Riecks, Bernd	58	DE	LG Mönchengladbach	M50	14	4:21:24	4:21:38	1:01:01	1:04:59	1:06:33	1:08:50	6,12	9,68
100	119	Söhl, Herbert	46	DE	TSV Ebersdorf	M60	5	4:21:39	4:22:03	1:00:07	1:02:18	1:06:29	1:12:43	6,12	9,68
101	7	Buhmann, Otto-Erich	47	DE	MTV Heide	M60	6	4:21:52	4:22:18	1:01:57	1:03:36	1:04:35	1:11:42	6,12	9,67
102	181	Schwabe, Wolfgang	54	DE		M55	14	4:22:05	4:22:33	1:00:26	1:03:05	1:07:50	1:10:43	6,13	9,66
103	192	Wieneke, Peter	46	DE	100 Marathon Club	M60	7	4:22:56	4:23:36	1:04:01	1:06:29	1:07:36	1:04:49	6,14	9,63
104	100	Rehers, Hans-Werner	47	DE	Team ERDINGER Alkoholfrei	M60	8	4:23:06	4:23:59	1:03:35	1:04:59	1:06:09	1:08:22	6,14	9,62
105	186	Wickler, Kai	67	DE		M40	17	4:23:45	4:24:32	1:09:07	1:06:36	1:06:32	1:01:29	6,15	9,60
106	73	Köhler, Stefan	77	DE	Sportfluggruppe Nordholz / Cu	M30	4	4:24:52	4:25:13	0:59:06	1:02:01	1:08:35	1:15:08	6,17	9,56
107	96	Preisler, Horst	35	DE	LAV ahmburg-Nord	M70	2	4:27:47	4:28:30	1:07:34	1:06:10	1:06:27	1:07:34	6,21	9,45
108	38	Gierse, Gerold	55	DE	Team ERDINGER Alkoholfrei	M50	15	4:28:30	4:29:14	1:01:32	1:02:02	1:07:16	1:17:38	6,22	9,43
109	156	Klaßen, Thomas	62	DE	Berensch	M45	26	4:28:54	4:29:44	1:01:48	1:02:42	1:07:08	1:17:15	6,22	9,41
110	86	Mellin, Thomas	63	US	Physioasis	M45	27	4:29:00	4:29:12	0:59:12	1:02:06	1:10:29	1:17:12	6,23	9,41
111	170	Speicher, Peter	60	DE	*Cuxhaven	M45	28	4:29:16	4:30:07	1:06:42	1:07:34	1:06:41	1:08:17	6,23	9,40
112	92	Oliva, Daniele	81	IT	*Cuxhaven	MHK	8	4:29:18	4:29:35	1:00:23	1:01:45	1:10:26	1:16:42	6,23	9,40
113	125	Tietjen, Thomas	66	DE	*Cuxhaven	M40	18	4:30:25	4:31:17	0:58:23	1:00:35	1:07:29	1:23:57	6,25	9,36
114	76	Laube, Kurt	48	DE	MV Stüde	M60	9	4:31:15	4:31:30	0:59:43	1:03:33	1:12:26	1:15:32	6,26	9,33
115	75	Köster, Axel	69	DE	TV Loxstedt	M40	19	4:33:07	4:33:34	1:00:04	1:04:26	1:05:54	1:22:42	6,28	9,27
116	187	Drexler, Dr. Hans G.	53	DE	*Braunschweig	M55	15	4:33:16	4:33:57	1:07:36	1:05:29	1:07:46	1:12:23	6,29	9,26
117	70	Klepp, Georg	69	DE	*Bremen	M40	20	4:33:48	4:34:04	1:02:26	1:05:40	1:08:23	1:17:17	6,29	9,25
118	91	Ohnesorge, Tim	77	DE	*Hamburg	M30	5	4:34:04	4:34:20	1:00:24	1:01:44	1:10:27	1:21:28	6,30	9,24

3. Sparkassen City Marathon Cuxhaven

Gesamtliste Marathon

5. April 2009

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Männer

Platz	Startnr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
119	31	Fröhlich, Björn	63	DE	*Seevetal	M45	29	4:34:50	4:35:18	1:00:27	1:05:21	1:11:17	1:17:44	6,31	9,21
120	193	Ochudlo, Jörg	64	DE		M45	30	4:37:22	4:37:56	0:57:13	1:00:16	1:12:25	1:27:27	6,34	9,13
121	15	Eberle, Dietrich	51	DE	100 Marathon Club	M55	16	4:37:37	4:37:42	1:00:08	1:05:01	1:10:40	1:21:48	6,35	9,12
122	71	Koenig, Jörg	49	DE	100 Marathon Club	M60	10	4:39:11	4:39:58	1:06:55	1:10:07	1:11:12	1:10:56	6,37	9,07
123	24	Feistel, Ernst	55	DE	*Uggant-Schott	M50	16	4:45:01	4:45:26	0:57:46	1:04:25	1:15:52	1:26:56	6,45	8,88
124	48	Großer, Peter	39	DE	TV 1848 Erlangen	M70	3	4:46:53	4:47:21	1:06:27	1:08:01	1:13:11	1:19:12	6,48	8,82
125	135	Wallace, Todd	77	US	Roadrunners Club	M30	6	4:50:24	4:50:53	0:56:37	1:14:46	1:16:44	1:22:16	6,53	8,72
126	112	Schmidt, Bernhard	41	DE	*Bad Sassendorf	M65	4	4:52:06	4:52:35	1:04:48	1:08:09	1:10:48	1:28:19	6,55	8,67
127	27	Fitzner, Malte	60	DE	*Cuxhaven	M45	31	4:56:03	4:56:55	1:11:42	1:12:53	1:13:10	1:18:15	7,01	8,55
128	97	Pufahl, Rainer	64	DE	SV Müssen	M45	32	5:03:43	5:04:23	1:08:28	1:12:11	1:16:15	1:26:48	7,12	8,34
129	36	Geistert, Reinhard	52	DE	100 Marathon Club	M55	17	5:04:51	5:04:58	1:08:48	1:13:58	1:18:18	1:23:46	7,14	8,30
130	184	Eickmann, Frank	64	DE	Runners Point	M45	33	5:05:17	5:05:47	1:13:31	1:16:15	1:18:40	1:16:50	7,14	8,29
131	141	Wenda, Herbert	48	DE	TUSEM Essen	M60	11	5:11:29	5:12:01	1:08:54	1:11:02	1:18:34	1:32:58	7,23	8,13
132	153	Kabbert, Gert	28	DE	*Hamburg	M80	1	5:22:03	5:22:42	1:13:49	1:17:32	1:21:14	1:29:26	7,38	7,86
133	68	Kirchhoff, Jörg	65	DE	FFW Banteln	M40	21	5:22:45	5:23:12	1:13:49	1:15:53	1:22:18	1:30:42	7,39	7,84
134	2	Bellwart, Günter	41	DE	MV Stüde	M65	5	5:34:04	5:34:19	1:13:51	1:21:50	1:27:38	1:30:43	7,55	7,58

Männer did not finish

Platz	Startnr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
0	43	Graef, Bernd	71	DE	Am Limit Team Feucht	M35	0	0:00:00	0:00:00	1:10:36	1:13:05	1:25:59	0:00:00	0,00	0,00
0	50	Habelt, Edgar	58	DE	Grupo Sportivo	M50	0	0:00:00	0:00:00	1:09:06	1:13:23	1:14:27	0:00:00	0,00	0,00
0	52	Hanisch, Rudolf	38	DE	Eintracht Delmenhorst	M70	0	0:00:00	0:00:00	1:27:48	1:29:57	1:30:58	0:00:00	0,00	0,00
0	59	Hoffmann, Sascha	77	DE	Grupo Sportivo	M30	0	0:00:00	0:00:00	1:09:06	1:13:23	1:13:39	0:00:00	0,00	0,00
0	62	Janßen, Thorsten	72	DE	100 Marathon Club	M35	0	0:00:00	0:00:00	1:03:26	1:07:29	0:00:00	0:00:00	0,00	0,00
0	102	Redelberger, Karl	62	DE	Lifefit	M45	0	0:00:00	0:00:00	0:52:59	0:54:00	0:00:00	0:00:00	0,00	0,00

3. Sparkassen City Marathon Cuxhaven

Gesamtliste Marathon

5. April 2009

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Frauen

Platz	Startnr.	Name	JG	NAT	Verein/Ort	AK	AK-Pl	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
1	11	Deters, Ute	67	DE	TuS Eversten	W40	1	3:27:37	3:27:43	0:48:10	0:49:50	0:52:40	0:56:56	4,55	12,19
2	88	Naumann, Heike	63	DE	SV Handwerk Leipzig, Abt. Tr	W45	1	3:29:57	3:30:05	0:50:52	0:51:13	0:52:34	0:55:16	4,59	12,06
3	152	Weber, Claudia	62	DE	Redaktion Lauf TV	W45	2	3:32:55	3:33:13	0:52:06	0:53:57	0:52:42	0:54:09	5,03	11,89
4	63	Johnson, Cordula	63	DE	FC Puchheim Marathongruppe	W45	3	3:50:59	3:51:08	0:56:24	0:56:09	0:57:25	1:01:00	5,28	10,96
5	176	Goebel, Petra	69	DE	BSG Siemens Hamburg	W40	2	4:09:50	4:09:55	0:59:02	1:04:00	1:04:44	1:02:02	5,55	10,13
6	108	Rolfes, Maria	54	DE	LT Waldschleicher Lohne	W55	1	4:13:04	4:13:26	0:59:30	1:00:48	1:03:01	1:09:44	6,00	10,00
7	107	Riecks, Erika	55	DE	LG Mönchengladbach	W50	1	4:21:24	4:21:38	1:01:02	1:04:59	1:06:33	1:08:49	6,12	9,68
8	20	Eichler, Tanja	74	DE	*Bremen	W35	1	4:23:36	4:24:19	1:03:29	1:05:12	1:06:00	1:08:54	6,15	9,60
9	162	Blaschke, Frauke	78	DE	TSV Neuenwalde	W30	1	4:23:44	4:24:10	1:01:45	1:03:44	1:08:38	1:09:35	6,15	9,60
10	147	Zimmermann, Gesa	66	DE	Gettorfer TV	W40	3	4:30:24	4:30:42	1:03:23	1:06:02	1:08:36	1:12:21	6,25	9,36
11	132	von Heygendorff, Ingeborg	70	DE	streakrunner.de	W35	2	4:34:06	4:34:42	1:02:44	1:07:00	1:12:57	1:11:24	6,30	9,24
12	142	Werner, Bettina	63	DE	*Winsen/Luhe	W45	4	4:35:14	4:35:45	1:07:00	1:08:49	1:09:13	1:10:10	6,31	9,20
13	4	Bertram, Maria	46	DE	LT-Alsdorf-Ost	W60	1	4:38:12	4:38:41	1:02:14	1:05:40	1:08:23	1:21:53	6,36	9,10
14	89	Nepras, Lenka	72	CZ	*Bremen	W35	3	4:42:23	4:43:10	1:03:02	1:07:23	1:13:49	1:18:08	6,42	8,97
15	19	Ehrlich, Brenda	67	DE	*Bremen	W40	4	4:42:23	4:43:11	1:03:02	1:07:23	1:13:49	1:18:08	6,42	8,96
16	134	Vukovac, Paula	59	DE	TSG Hatten-Sandkrug	W50	2	4:45:26	4:45:56	1:07:00	1:10:30	1:12:14	1:15:42	6,46	8,87
17	21	Eichner, Sigrid	40	DE	100 Marathon Club	W65	1	4:57:40	4:58:12	1:09:11	1:14:29	1:17:21	1:16:39	7,03	8,50
18	190	Janeck, Nadine	74	DE		W35	4	5:03:36	5:04:23	1:08:20	1:12:11	1:16:15	1:26:48	7,12	8,34

Frauen did not finish

Platz	Startnr.	Name	JG	NAT	Verein/Ort	AK	AK-Pl	Endzeit	Brutto	1. Runde	2. Runde	3. Runde	4. Runde	Min/km	km/h
0	25	Fiebig, Kirstin	75	DE	Triabolos Hamburg e.V.	W30	0	0:00:00	0:00:00	0:59:02	1:04:01	1:16:53	0:00:00	0,00	0,00